

## Camino 2021: A Personal Rite of Passage in the Holy Year of Saint James



Alexander John Shaia, mentor  
Annie Sempill, assisting

Liz Elizabeth Helmore with Nativa Travel, Spain  
organizing lodging, meals & ground support

60 days / 59 Nights

Gather by late afternoon on Sunday 5 September 2021 in Pamplona  
Depart mid-morning Wednesday 3 November, from Muxia by coach  
for the Santiago de Compostela Airport and/or Santiago Hotel

Small Community

minimum of 6 and maximum of 8 pilgrims, plus Alexander John as mentor  
and one Quadratos assistant

Includes:

Cognitive, Emotional & Spiritual preparation to walk as well as to begin one's return home.

59 nights lodging in double occupancy room with private bathroom

- Pamplona, Burgos, Leon, Samos & Santiago, everyone has a single room.

60 breakfasts & 49 main meals (mostly dinner)

Includes continued:

- 49 walking days – morning meditation & evening sharing circle
- 10 rest and/or retreat days (non-walking)

- 8 retreat days: reflecting on one's pilgrimage, personal process, spirituality, and the four paths, led by Alexander John
- 9 coach transfers to and from retreat lodges, to Santiago Airport, etc.
- 7 Sunday Reflections: lectio with Gospel passage & communion
- 3 private meetings (30 min each) with Alexander John

- \* Admittance to Chapels (not usually available to the public) for special prayer time, including: Eunate & Santuario de Vixen Barca
- \* Visit Cartuja de Milaflores Monsasterio (Carthusian Monastery in Burgos)
- \* Guided Tour of the San Isidoro Chapel & Museum (Royal Chapel in Leon)
- \* Guided Tour of the Monasterio San Julian in Samos  
(1st Benedictine Monastery in Spain established in the 6<sup>th</sup> Century)
- \* Guided Tour of The Portico of Glory – Cathedral Santiago de Compostela  
[Chapel, Monastery & Museum openings are subject to change.]

Requirements: a discernment interview with Alexander John assessing:

- Appropriate health for walking a lengthy pilgrimage
- Desire to walk the Camino as a personal rite of passage
- Interest in Mystical Christianity and the Journey of Quadratos
- Willingness to engage in spiritual practices – silence, walking meditation, communal prayer etc.
- Ability to live with a small community over the course of the pilgrimage
- Ability to work with physical stress and emotional tension

\*\*Payment Schedule:

- \$3,700 US to secure your booking
- Additional \$3,000 due by midnight USA Mountain Daylight Time on 19 March, 2021
- Balance (\$8,050) due by midnight USA Mountain Daylight Time on 01 June, 2021.

If using Transferwise, add 2.0% to your payment.

If using PayPal or a Credit Card add 3.5% to your payment.

Total: \$14,750 US dollar, payable to Quadratos LLC.

Cost does not include airfare, train transportation, lunches, some dinners and personal incidentals.

\*\* We have not yet received the final lodging costs for Camino 2021. We expect final cost by November 2020 with a possible increase of 2 to 5%.

## Travel Insurance

At the time of booking, please secure comprehensive travel insurance and then submit the name of your insurance company to Quadratos LLC.

## Cancellation & Refunds

Request for refunds to be made in writing to Quadratos LLC

By 31 December 2020 – full refund of monies minus \$250 administrative fee.

01 January 2021 through 31 May 2021 – percentage of refund (minus \$250 administrative fee) is dependent on Quadratos LLC maintaining a minimum of 6 pilgrims.

After Midnight 01 June 2021: no monies are able to be refunded.