

# THE JOURNEY OF QUADRATOS

## *Northern Hemisphere*

### Third Path ~ John/Revelation

*Resting in the Glorious Garden*

How do we receive joy and experience union?

*Receiving the Gift*

Ecstatic, Calm,  
Visionary, Zealous

*Spring – East*

First Light to Mid-Morning  
The Eagle (*visionary sight*)

### Second Path ~ Mark

*Crossing the Stormy Sea*

How do we move through suffering?

*Enduring all Obstacles*

Strained by Opposites,  
Exhaustion, Doubt,  
Loneliness

*Winter – North*

Late Evening to First Light  
The Lion (*noble strength*)

### Fourth Path ~ Luke/Acts

*Walking the Road of Riches*

How do we mature in service?

*Serving Life / Community*

Gratitude, Integration of Opposites,  
Patience, Speak Truth with Love

*Summer – South*

Mid-Morning to Fading Light  
The Ox (*perseverance*)

### First Path ~ Matthew

*Climbing the Great Mountain*

How do we face change?

*Hearing the Summons* 

Shock, Unease,  
Anxiety, Betrayal

*Autumn – West*

Fading Light to Late Evening  
The Angel (*announces new journey*)

Alexander John Shaia

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